



Intergalactic greetings, young heroes. It's time to rescue the planet from evil villains. Who's your favourite superhero? Spiderman? Wonder Woman? Maybe your heroes are ordinary people who've achieved great things. Or is it those people who save lives in our emergency services that you admire most? Superheroes have super senses. Use yours to identify mystery items by their smell, taste, sound and touch. What do true superheroes eat to keep their senses and special powers sharp? Is that phone box free? Please excuse me – I have to save the world.

Help your child prepare for their topic!

Superheroes are fantastic! Why don't you visit the 'Featured characters' page on the Marvel website and read about famous superheroes together? You could also work collaboratively to invent a superhero. Draw a picture, make a costume or write a story together featuring the new superhero. Alternatively, read a children's comic together. Talk about the characters and how they behave. Are any of them superheroes?

Real-life heroes

Real-life heroes are ordinary people who may be brave, kind, determined or generous. They set a good example to others and can be admired.

People who work in the local community help others in their daily lives, such as librarians or doctors. People who work for the emergency services are heroes because they risk their lives to help each other.



Superfoods

Some foods help the body to grow strong and stay fit and well. These foods are sometimes called superfoods. They contain vitamins and minerals that help the body.

Vitamin A helps the body to fight infections.

Vitamin C keeps the skin, blood and bones healthy.

Potassium keeps the blood and heart healthy.

Fibre keeps the stomach and intestines healthy.

Superheroes

Superheroes are imaginary characters in comics, on television, in films or in computer games. They fight evil and protect the public. Sometimes, superheroes have special powers, like super speed or the ability to fly.



Writing	Wanted posters
	Storyboards
	Character descriptions
	Story writing
Reading	Supertato stories
Maths	Mass and volume, length and height
	Multiplication and division
	Fractions
Science	Objects, materials and living things can be looked at and compared.
	The results are information that has been found out from an investigation.
	The basic body parts are the head, arms, legs, nose, eyes, ears, mouth, hands and feet. The five senses are hearing, sight, smell, taste and touch. Ears are used for hearing, eyes are used to see, the nose is used to smell, the tongue is used to taste and skin gives the sense of touch.
	Materials have different properties, such as hard or soft; stretchy or stiff; rough or smooth; opaque or transparent; bendy or rigid; waterproof or not waterproof; magnetic or non-magnetic.
	Objects are made from materials for a particular purpose. Wood is used for tables as it is strong and rigid. Windows are made from glass as it is transparent.
History	A person who is historically significant has made big changes in their lifetime, has been a good or bad role model, were known in their lifetime, made people's lives better or worse or changed the way people think.
Art	Malleable materials include rigid and soft materials, such as clay, plasticine and salt dough.
DT	Fruit and vegetables are an important part of a healthy diet. It is recommended that people eat at least five portions of fruit and vegetables every day.
	Design criteria are the explicit goals that a project must achieve.
IT	Digital Programmer
PE	Throwing and Catching: Controlling a ball, correct techniques, stops and retrievals.